

SPIRITUAL NOTES FOR A MEMBER OF THE S.H.C.J.

VOLUME XXIX

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S.H.C.J. ARCHIVES MAYFIELD [Copied from the Original]

[A blue leather-bound notebook, size approx. 4½" x 2½ ", inscribed on the fly-leaf in another hand – Written by Mth Foundress for Sr. Clare – (Ranger) L.S.]

[The first page contains a pasted-in picture of the Holy Family with Our Lord as a young man showing his heart to a penitent kneeling at His feet. Above in a cloud are God the Father and the Holy Spirit as a dove.]

[Then follows -]

A. M. D. G.

Preparation for H. Comⁿ.

1st Day

Eve of Comⁿ.

1. Offer your adoration with special reference to H. Com, & make at least 3 Spiritual Com. during it.
2. Visit Our Lady's Altar & offer her the Comⁿ you are going to make, asking her to procure for you extreme sorrow for all yr sins especially those committed since your last Comⁿ.

Resolve on the special fruit you wish to derive

Choose your patron, either always the same, or the saint of the day, or one who was particularly devoted to B. Sac. e.g. St. Bonaventure. St. Stanislaus, St. Aloysius. B. Margt Mary. &c.

3. Frequently during the evening, or on waking in the night, use ejac. in honour of the B. Sac. acts of fervent desire & longing chiefly. Let one of the last thoughts be to call to

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mind the happiness which will be yours on the morrow.

Morning. Preparation Commence it by invoking our B. Lady & uniting the Communion you are about to make with her preparation at the moment of the Incarnation. This practice Our Lord himself taught to B.M. Mary. Offering of Communion. (Indulgence for using any forms of offering.)

O.S.Heart of Jesus I offer you through the I. Heart of Mary the Communion I am about to make for your most holy intentions in my regard, for a greater increase of love for thee in this sweet Sacrament for a more tender confidence in thee & for a greater zeal for my own perfection & for the conversion of all poor sinners & for the souls in purgatory especially the one which thou thyself wishest soonest to be released I intend my Jesus to offer it to gain every possible indulgence & to pray for all that is required in order to gain it to the full.

Prayer. Lord Jesus Good Samaritan I am full of fear at the sight of all my wounds & many miseries, but I will not despair since I know thou didst thyself say I came not to call the just but sinners. Now O Lord who has been a greater sinner than I have ? Who could have sinned more grievously & a greater number of times? Who could have abused so many lights & graces as I have ? Knowing then kind Lord Good Samaritan that I am & can prove myself the greatest of sinners the scum of sinners I have some hope & confidence because I know that for such as me thou didst come. Lord Jesus I long to leave my wretched state of misery, to leave off offending thee & by thy great grace to become pleasing to thee I have nothing to offer thee but

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the desire to do better Water that desire dear Lord with the blood from thy wounded heart this desire & it shall bring forth fruit pleasing to thy palate,

Say often before going up to the rails with intense fervour Veni Jesu Domine Come Lord Jesus Come.

Ask St. Joseph & your angel to accompany you & to supply all that is wanting in your preparation.

Invoke St. Gertrude. Our Lord promised the grace of a fervent Comⁿ to all who asked it through her merits & intercession.

At the rails Lord remember I am the most unworthy and have pity on me for the sake of thy mother !

[Here is a pasted in picture of Our Lord - ? with the young Ruler ?] [? or Zaccheus ?]

Prep. For H. Comⁿ

2nd Day

Eve. Have ringing in yr ears the day before these words of our Lord “ Make haste & come down this day I must abide in thy house. The Lord who has no where to lay his head seeks a lodging in the house of your heart Make haste with love and prepare him apartments where he may repose & rest himself & endeavour by forethought to make good use of His visit. Beg the Angels to assist you in your preparation.

Visit B.V.M. Mary my own dearest Mother who didst prepare a suitable lodging for the Son of God in thy Virginal bosom, I beseech thee by thy love for the S. Heart of Jesus to prepare my heart with more than usual love & purity that he may be able to say when with me “ My delight is to be with this child

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of thine, O my mother ! “.

Resolve on the fruit.

Choose patron (St Clare

Ejaculation. Lord Jesus I long for thee make haste to help me!

Awaking “ Make haste & come down &c.

Morning preparation

1. Invoke our Lady saying “ Sweetest Lady through thy I Heart I. entreat thee look favourably on me & so prepare my heart that thy D. Son may be more pleased with me than He has hitherto been.

Offering : as before.

Prayer. O my dearest Lord is it possible that notwithstanding all my unworthiness thou seekest a dwelling in my heart. Dost thou not know that my heart is small & divided between myself & creatures & that in my carelessness I have reserved but a little corner for thee This I confess to thee in the bitterness of my heart O Lord & am heartily sorry that it is so but with thy help it shall be so no longer. Thou shalt be its king & master & nought shall for the future abide there which has not passed in with thy blessing. Thou seest my will & desire but if thou dost not strengthen it I shall show myself again as weak as heretofore. Sweet Jesus by the love which drew thee to the bosom of Mary by the love which drew thee into thy sweet Sacrament & which has constrained thee to remain in it these eighteen centuries

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I beg thee this day so to confirm my good resolutions that I may no more contristate [sic] thee by my frequent & shameful relapses.

Remember Lord the fervour & devotion of the Communions of thy saints in past ages & deign to overlook the tepidity & little love which I have this day brought thee

Going up to the rails think your angel takes you by the hand & presents you to Our Lady that she may clothe you with the nuptial garment. Make act of Love until the moment of Comⁿ.

Preparation

3rd Day

Eve. Behold the bridegroom cometh go ye forth to meet Him ! “ Meet him prepared with acts of those virtues which he expects of you. Meet him with your lamp trimmed with the oil of charity; doing the smallest action with great love Call on those saints who were most exact & careful in remote preparation for holy Communion. Invoke the Saint of the day & yr patron.

Visit B.V.M.

Behold me O most loving Mother of God purposing to morrow to receive thy most blessed Son. I shall be afraid to present myself before Him unless you will deign to accompany me & beg Him to receive me notwithstanding my utter worthlessness. Speak my wants to Him for me, ask for me the wine of charity of humility of generosity of detachment, speak dearest Lady your Son hears even before you demand.

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Resolve on the fruit &c

Ejaculation " As the hart thirsts after the waterbrooks &c

Sleeping I sleep Lord but my heart is watching anxiously for thee till the day break & the shadows retire !

Morning Preparation

Unite every action with those which the saints have consecrated by offering them up in preparation for H. Com. Visit Our Lady as the Queen of Holy Light & beg her to shed bright rays of her heavenly light in your soul that you may understand the benefit on one single Communion namely that it is sufficient to make you a saint.

Invoke your patrons

Offering as before .

Prayer. O dearest spouse of my soul I have with the help of thy sweet mother tried to prepare myself for thy coming with more than usual fervour & yet by thee I may be deemed ill prepared on account of my little love. But forget if thou canst dearest Lord who it is that comes to thee Think not it is Sr. Clare but thy own dear Spouse of Montefalco. Remember the raptures with which she welcomed thee in the Eucharistic banquet, the love which burned in her heart that heart which she had rendered entirely to thee from the beginning Call to mind the delight which thou didst feel when reposing with her in each Sacramental feast & deign to remember me through thy love for her.

Go to the rails clothed with the merits of St. Clare & offer all her Com^{ns} . as part of yr preparation.

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[Here is a small pasted-in picture of Our Lord showing himself to a young girl at her priedieu,]

Preparation. H. C.

For a feast of O, Lady

Eve. Invoke the saints most devout to your mother to obtain a fervent Communion.

Visit B.V.M. Offer the Com. you are going to make to her & ask her to unite it to all her Communions to render it more pleasing to her Son. Listen to her ! “ My child I will tomorrow present you with my divine Son. Prepare him a little crib within your soul, swathe him with the bands of charity, shelter him from the cold of a frozen heart. Press him to your bosom & say to him all that love suggests. Call to mind how lovingly I entertained Him in each [?] Communion & have the desire at least to love Him as I did. Offering of Communion as before.

Prayer. O Jesus behold me approaching to thee in company with thy divine Mother For her sake look kindly on me notwithstanding my shameful ingratitude. Thou hast promised ever to listen favourably to the least of her requests hearken to her now pleading for me. Much that I have done against thy heart she will know how to excuse though I dare not, my infidelity she will cover by her faithfulness, my coldness will be amply supplied by her fervor. I have literally nothing of my own dear Lord to offer thee but I unite myself to all that rendered the soul of my mother

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pleasing to you especially in her preparation for H. Communion. Sheltering myself beneath her mantle I venture holding her hand to approach thee & with great confidence I expect this day to receive Thee through the hand of Mary.

Communion. Imagine you are communicated by Our Lady herself & make yr acts of love in union with those made by her at the moment of Communion.

Intentions for each Communion

1. For the intentions of the S. Heart in coming to you.
2. To increase in love of Jesus
3. For final perseverance
4. To fulfil yr Vows more perfectly
5. For greater love of Mary

These intentions in honour of the five wounds to be placed in the I. Heart of Mary.

Various Intentions.

1. Conversion of England
2. “ “ of relations
3. Special needs of Com^{ty}.
4. “ “ of Society
5. For greater earnestness in our spiritual advancement.
6. For any particular virtue or to overcome some fault.

7. For a love of humiliations

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6. Increase of love for H.C.
9. Increase of love for S. Heart
10. Abiding sorrow for sin
11. For conversion of sinners
12. Souls in purgatory
13. For the member of the Com^{ty} who needs it most.
14. Never to commit a deliberate venial sin
15. For an interior spirit & care in practicing the duties of an interior life
16. Great love of the Passion
17. For enemies
18. For friends and such as we ought to pray for.
19. For the success of the labours of the Society
20. For all in trouble
21. For vocations to the priesthood and religion
22. For Intentions of our superiors.
23. For Perfect conformity to Will of God.
24. Perfect forgiveness for everything of the past.
25. To obtain an ever increasing love for souls
26. For all you have injured

Thanksgiving for

1. For. Vocation to faith & Religion
2. Creation & Redemption
3. Grace received thro the Sacraments in general

4. Grace received by H. Com. & Holy Mass
5. For graces received thro' O Lady.
6. For graces not corresponded to.
7. For graces you are ignorant of or have forgotten.

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[Then follow pages in other hands – of spiritual notes verses, prayers, until]

[In another hand – Mth Foundress writing & composition]

Let yr heart be in charity a rose, in humility a violet in a longing of heavenly things a Hyacinth, let it be marked with the names of Jesus & Mary the objects of yr love. Place O Mary ever merciful ever benign, place I pray thee thy most amiable name as a seal upon mine eyes that prevented by the blessings of thy sweetness I may breathe in the light of thy favors. place it also on my ears so that secure of thy protection I may not dread to hear the sentence of the wicked in the terrible day of Judgement place it on my mouth so that in this life refreshed by the fullness of thy consolation I may for all Eternity sing the greatness & sweetness of thy Name !

The Day

Consecrated to Mary

Rising Let your eyes first rest on her image or picture, your lips on her medal or rosary, your ears open to the sound of her angelus. Your thoughts turn to her as to the Morning Star & yr heart yearn with longing desire for the dawning of the eternal day when you shall rejoice with her for ever.

H. Mass. In union with Our Lady at the foot of the Cross.

On Saturday hear it for the intentions of her Immaculate heart

H. Communion in union with hers.

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Adoration In union with her adoration of Him in the stable or in the B. Eucharist
Ask her to obtain a more loving devotion to the B. Sacrament.

Walking Unite your steps with hers going to visit her cousin

Standing Now there stood by the Cross of Jesus Mary His Mother. May two stand
by your cross Your mother & yourself Mary & Clare !

Sitting. See Our Lady sitting with the dead body of her Son in her arms & asking you
to contemplate the wounds & to kiss them.

Meals Consider her recollection & modesty Make some special act for her
intention. Say some ejaculation in her honour after grace As Sweet heart of Mary
be my Salvation !

Trimming lamps. Our Lady of Light enlighten all who sit in the shades of death

Opening the doors Gate of heaven pray for us. " Mary open to me the heart of thy
Son.

Going up stairs Unite yr steps with our ladys going up the 15 steps of the temple &
beg for the virtues of which those steps were emblematic

Going down stairs Think of the journey down to Egypt. In prayer call to mind her
intention & fervor in treating with others her charity & gentleness sweetness &
forethought in each action think how perfectly she w^d have done it, unite

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yours with hers.” My dearest Mother I unite this action with thy holy actions Supply all that is wanting for me “

Images & pictures Salute all you pass, think it not too much trouble at least to bend the head to yr mother Have different ejac for each image,

Our Lady in Chapel Mary Immaculate pray for me

In the hall. Dear mother

[There seems to be a page or pages missing here.]

liked best.

Make a list of petitions to ask on her feasts or daily e.g. to die on one of her feasts, to increase daily in her love, to do something to promote her honour, that her name may be your last &c.

Doing domestic duties sweeping laying the table &c Consider our Lady performing like actions. Unite it with hers & say “ My mother I do this action for love of you. “ Mary I offer this action as a thanksgiving for your favours to me.

Striking of clock. Let different hours especially remind you of your heavenly mother.

6. A.M. Her consent to the Incarnation

7. Her dolours. Call them or one of them to mind at 7 morning & evening.

12 P.M. Consider her at foot of Cross.

3. Her anguish at the death of her Son. Mother of Sorrows remember me In my dying agony.

Litany of Our Lady.

Mother most admirable pray for us

Mother most kind “

Our L. of the I. Conception “

- - Mt .Carmel “

- - Mercy “

- - Good counsel “

- - Good Succour “

- - Sorrows “

Our Lady of Tears “

of Anguish “

Our Lady of Compassion “

of Graces “

of Consolation “

of Comfort “

of peace “

of Light “

of power “

of Holy Hope “

Holy Perseverance “

of Perpetual Succour “

of Prayer “

of the Sick “

Our Lady of the Dying

“

Suffrage

“

Our Lady of children

“

Our Lady continually mindful of me.

“

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I wish to invoke you dearest Lady by all the titles that that [sic] have ever used in your honour & to visit in spirit all the shrines dedicated to you that I may give you honour & share in your sweet blessings.

The Day consecrated to the S. Heart.

Rising Cast your eyes on a picture of S. Heart & say “ Heart of Jesus I give Thee my heart “ Have a care of me lest I betray Thee this day “.

Meditation & Prayers Heart of Jesus I unite my prayer to those which thou didst make while on earth & especially in the Garden of Olives.

After Med or prayers of any kind

My God I offer the ardour of the Heart of thy beloved Son in prayer to atone for my want of love & fervor. “

H.Mass. In union with the intentions for which the S. Heart offers himself to the Father.

Communion. United to Our Lords own at last Supper. Ask always intense love of the S. Heart.

Examen. Place it in the wounded Heart of Jesus & ask for one drop of His Hearts blood on yr good resolutions to make them bring forth fruit.

Adoration. Let yr object be to adore the S.H. in B^d Sacrament & to atone for the coldness shown towards It.

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S. Reading Let no day pass without reading some few words to inflame your heart with love of Jesus heart.

Visits to S. Heart. Think the day incomplete in which you have not made one or more visits to the S. H. of condolence reparation or adoration. We always find time to say a word to our friends however busy we may be And our best friend Jesus ? !

Before an action “ My God I wish to do this in union with the S.H. of thy D. Son in reparation for all that is imperfect in my own.

After an action My God “ I offer thee the holy intentions of the S.Heart in reparation for all that is imperfect in my own.

After a Fault “ See Lord the evil I have done. Pay if you please for your poor slave “. B.M.Mary.

Offer to the Eternal Father in rep. for yr ft the contrary virtue of the S.Heart. If pride offer His humility if anger His meekness &c.

At night Offer to the S. Heart all yr efforts & beg his blessing & ask Him to supply for all yr deficiencies.

Waking in night Turn towards Bl. Sacrament & say “ Lonely Heart of Jesus I salute thee Remember me ! I sleep but my heart is watching with Thee.

In pain or suffering Lord I unite this with the sorrows of thy sweet Heart.

Ejac before principal actions of the day. “ In thee &c. This simple ejaculation contains a great deal & sh^d often be

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repeated with Fervor.

The Day consecrated to the Passion

Rising Make the sign of the Cross with great devotion & kiss yr crucifix.
Remember the Spouse of Xt must lead a crucified life

Taking holy Water Perform this action with great compunction for all your fts Think
you are sprinkled with the S. Blood of Jesus “ Blood of Xt cleanse me from my
hidden sins.

H. Mass. Represent to yr mind the scene on Calvary. Consider your Lord dying
& giving His life for you. Pray hard that you may not lose the fruits of that awful
sacrifice.

H. Com St. Bonaventure counsels to meditate on a mystery of the Passion
each time we go to H. Com.

Examen. Place each of the five parts of it in one of the wounds of Jesus. Kiss
each wound before you finish.

Med on Passion All holy Souls have always given some time each day to
meditation on the Sufferings of our Lord. It is of more avail than many other practices
of piety. Our Lady herself counselled it to St. Juliana St. Theresa always called to
mind the agony in the Gdn before going to sleep & she tells us the practice is greatly
indulged. Our dear Lord will amply repay in the cold hour of death all who have
remembered his sufferings

Passing crucifixes A holy religious who never failed to salute

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every representation of Jesus crucified when He passed it merited to go to heaven without passing through purgatory. “ Lord Jesus thro the bitterness which thou didst suffer for me on the cross chiefly when thy blessed soul departed from its body have mercy on my soul now & at its departure from this world that it may be admitted to life everlasting . “

Pass the H. Face “ Sweet Face of Jesus look on me in time of trouble temptation danger & death “ “ Holy Face of Jesus look on me & have mercy on me ! “ Dear Jesus by thy blessed tears wash & soften the hardness of my heart. “

Meals. Think of the fast of Jesus & mortify yourself in something. Think of the gall & the bitterness of yr sins which was offered to Jesus in His agony Mortify yr thirst. “ The Xtians food sh^d be watered with the blood of Jesus. “

[This completes Reverend Mother Foundress’s writing in the book. There are some pencilled notes, and the hymn “ Lord for to-morrow & its needs “ is printed, with the date-feast of St. Clare August 12, 1881. (After C.C.’s death) There is a membership card of The Roman Archconfraternity of the Sacred Heart of Jesus, made out in the name of Sister Mary Clare, dated 12th June 1864, and although there is no date in Reverend Mother Foundress’s hand, this membership card and the mention of Blessed Margaret Mary (beatified 1864) suggests 1864 as the date of origin.]

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[Note in little book written by C.C. for Sister Clare Ranger.]

[C.C.'s hand ?]

Acts for May.

1. To salute Our lady's Image when you pass saying " Mother of God remember me "
2. To refrain from raising objections & arguments at recreation.
3. To mortify natural activity in this way – By not deferring any action or work that ought to be done, to do something else I feel more interested in - & not doing today what I ought to leave until tomorrow.

EXAMEN OF CONSCIENCE

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[Unlined Exercise Book containing Examen of Conscience – for Monthly Retreat ?]

[Not C.C.'s hand]

What idea have I of my Vocation ? Have I strengthened it by the faithful accomplishment of my duties?

Have I for my Vocation the esteem that it merits, and the gratitude which it ought to inspire me with?

Is it my principal care to advance in perfection ?

Are my dispositions for amendment or for progress, the same as in the first days of my Noviceship ?

What progress have I made in Christian and religious virtues ?

Is my Faith simple, lively, and active ? My Hope firm, without discouragement or presumption ?

What is my love for God? Is there not in my heart some irregulated attachment to creatures ? Ambition and sensible friendship always cause this sad effect.

Have I any zeal for the glory of God? Am I afflicted at the outrages that He receives ? Have I that delicacy of conscience which makes the good religious tremble at the simple appearance of evil ? Have I not committed many faults under the pretext that they were only venial ? Have I not exposed myself to commit grievous faults ?

Where am I as regards union with God, recollection of His presence, and conformity to His holy Will ?

Above all examine yourself on the efforts you make to overcome your predominant passion, on the progress in virtue, that you propose to acquire. Above

all, see, if you have not given yourself up way [sic] to discouragement, on account of the little result obtained

On Poverty –

Have I received, taken, bought or lent anything without permission. Have I not kept anything without being authorised

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to do so, or anything to which I have an irregulated attachment, anything that is superfluous, or not conformable to poverty. In all these cases I must amend and return to the exactness of Holy Poverty. Do I take care of everything I have the use of ? as belonging to Religion and to our Lord. Do I love Poverty as a Mother, rejoicing to wear its livery. and to feel its effects? Does it not happen that I seek for the best for myself.

On Chastity

Am I faithful to guard my thoughts, my heart, and my senses. Have I never permitted myself to do that [sic] which has at least caused me trouble. Am I faithful in having recourse to God at the first attacks of the devil. Have I carefully withstood too natural affections? Have I avoided all familiarity? How do I observe Religious temperance? Do I do all that depends on me in imitating the Angels by the purity of my body and soul.

On Obedience.

Is there in my obedience the spirit of Faith, as well as in the Will and the judgement. Do I see God in the person of my Superior? Have I listened to their voice as to that of God's (this disposition is the soul of obedience) Do I do anything secretly? Do I obey promptly, at the first sign, and at the first sound of the bell ? Have I renounced such an employment, or residence at the first order, or even at the first wish or desire, remembering that one must be indifferent here below to everything excepting the Will of God, which is expressed by the will of my Superiors?

Have I not on the contrary allowed myself to make reflexions, to criticise, to murmur, either at the order itself and its accessories, or on my Superiors, diminishing thereby in my mind and in the mind of others the respect which is due to them?

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Is there frankness and love in my intercourse with my Superiors?

Am I faithful in keeping all my rules, or are there any which I formally exclude from my obedience, the violation of which has become habitual? Have I above all loved and esteemed the rule of Silence, so important for the Community in general, and for myself in particular.

On Humility.

In what dispositions am I as regards Humility. Have I wounded it by my susceptability, my vanity, and my haughtiness with my Sisters? Have I sought for esteem and praise, instead of seeking for humiliations, and forgetfulness? Have I acted from human respect? Have I not too good an opinion of my talents, and of my virtues? Have I not the custom of speaking of myself, and of excusing myself. Am I faithful in acknowledging my faults with simplicity, & in giving an account of conscience, with that humility and childlike confidence which is so much in the spirit of the rule? Am I not discouraged if I do not succeed, or if I am blamed? Do I frequently make acts of Humility offering to do those offices which are the most repugnant to nature? and accepting them at least with submission.

On fraternal charity.

I owe to my sisters, affections, esteem and the most tender and cordial good will . I ought to do my best to support union. Have I never said or done anything contrary to this duty? Have I given way to aversion, envy, resentments, anger, cotentions, and unkind interpretations? Have I given way to jealousy, and sadness, in seeing ~~others~~ [sic] the success, distinctions and even the good qualities of others? I owe to my neighbour, love, forbearance and forgiveness.

Have I not spoken evil of my neighbour entertained thoughts of revenge, given way to ill humour, or repeated indiscreet

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sayings or have I said or done anything which I could disedify my neighbour or cause disunion ? Have I been careful not to reprehend others, when I had no right to do so, have I criticised my neighbour? Is my affection for them founded on the love of Jesus Christ? Is it generous, effectual and without exception? Have I avoided those particular friendships which scandalise the neighbour, divide the heart, and withdraw it from God who wishes to possess it entirely. Have I thought of the unfortunate effects of scandal in a community, and of the of [sic] giving good example.

On Mortification.

Is there in my regard any relaxation concerning Mortifications? Have I fulfilled according to the spirit those rules which are the contrary to nature? What efforts have I made to acquire a perfect Observance of the Rules of Modesty especially my eyes, my walk, and all my actions. In trying circumstances, have I not given signs of impatience, anger, or at least trouble. Have I accomplished with courage and constancy the mortifications and penances which are customary in the Community. Have I applied myself above all to interior mortification and self abnegation. Have I made efforts to reform my character. How have I received the trials sent me by Providence? Have I laboured to acquire a perfect conformity to the Holy Will of God. Have I lived the Spirit of Mortification: that is to say knowing that sufferings are an excellent means to expiate faults, to root out vices, and to render myself like to Jesus Christ, have I loved and desired them?

On Spiritual duties.

Do I fulfil my spiritual duties with zeal & fidelity. Does it not sometimes happen that I omit them through my fault. When I have been obliged to defer them, have I not performed them carelessly, or even forgotten them. What about my meditation, the preparation thereof, am I faithful in following

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the approved method, in making resolutions, practical ones ? What is the cause of my distractions ? is it negligence in the immediate preparation or habitual dissipation.

Do I make my Examens, carefully and with profit, especially the particular Examen ? What about my Spiritual Reading? How do I assist at Holy Mass? Is there any thing to amend in my Confessions or Communions, as regards my preparation. What fruits do I draw from them.

Do I recite my Rosary attentively What docility do I show in following the advice given me. Am I faithful in looking on my mistress as holding the place of God in my regard and How do I say my daily prayers, especially those before and after meals. What graces should I not receive were I faithful in doing well my prayers. and in being recollected as I go from one exercise to another.

On the employment –

Am I happy in the duty which is given me to fulfil? – Why am I not happy? - If I had a little more faith and a little more love of God should I not be happier? Why do I not say to myself every morning. “ I am going to do what the good God wishes me to do “ – Have I been zealous active and prudent in the fulfilment of my duty. Have I not shown a want of kindness in my manner to those in the same office as myself, have I helped them as far as I could? have I upheld them? Have I tried to make them happy. Have I not given way to discouragement, jealousy, vanity; and too great eagerness in the fulfilment of my duty.

On the Ordinary Actions, and ~~the~~ time well well [sic] regulated –

How do I fulfil my ordinary actions? Have I always acted for God? Am I faithful in doing all my actions with Faith. Am I fully persuaded that my perfection consists in performing my ordinary actions well. Is my time well arranged. Are all

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my works done in Obedience ? Are my actions marked by a Religious diligence, or on the contrary by too great eagerness, slowness, indolence, idleness, and loss of time. How do I spend my recreations, & my walks, and holidays?

Do I try and sanctify all my actions my meals, rest, and corporal exercises.

[In another hand:-]

An Examination for First Fridays.

How do I esteem my holy Vocation. Do I cultivate that spirit of gratitude with which it should inspire me – Is my principal care to advance in perfection – How do I observe my holy Rules – Silence. Charity Is there any particular one which I neglect.

How have I kept my Vows –

Poverty

Have I received ~~take~~ given, bought or lent anything without permission. Do I take care of everything of which I am allowed the use as belonging to Religion & to Our Lord – have I been glad sometimes to feel the effects of Poverty when opportunities occur – with regard to clothing. food. etc. Do I choose the worst for myself.

Am I faithful in doing the corporal penances allowed me - & do I make reparation for any fault or disedification given by accusing myself in the Refectory –

Do I shew any particular attachment to any sister –~~How d~~

How do I observe the Rules of Modesty? Is there in my Obedience the spirit of Faith as well in the will as in the judgement – Do I see God in the person of my Superior. Do I obey promptly at the first sign, & the 1st sound of the Bell-

Have I allowed myself to make reflections to criticise

S.H.C.J. ARCHIVES MAYFIELD

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& murmur at any order given.

~~Is the~~ Am I frank & open with my Superiors & do I shew them love & respect –
How do I stand with regard to Humility Do I excuse myself when reproved , or
answer impatiently. Do I fret over corrections & thus oblige ~~the~~ my Superior to leave
my faults unnoticed. Do I shew to all my Sisters that reverence & respect which is
due to all Religious. Am I faithful in acknowledging my faults with simplicity.

Do I fulfil my Spiritual Duties with zeal & fidelity –

~~Meditation – Am I faithful in following the approved method –~~

~~Examen – What profit have I made – Do I perform my – How do I perform the duties
of my Office.~~ am I zealous & diligent in the performance of it my Office duties &
office – Have I renewed my Monthly permissions.

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S.H.C.J. ARCHIVES ROME

MISCELLANEOUS NOTES

S.H.C.J. ARCHIVES ROME [Copied from the Original]

[in C. C.'s own hand]

[hand-made notebook]

Notes for Practice of Attention

Attention is one of the first Virtues; Without it our prayers are nought, our acts nought- our life nought - “ Nares habent & non adorabunt “ &c &c –

Eyes & see not – ears and hear not. Without attention what would be the result of our life!

[Page 2.]

Attention !

A.M.D.G.

Aug 8 1866.

The Sisters must have their rules read to them and the rules in the Refectory must be read regularly, at all times.

Holiday Hours must be kept to as well as other Hours of the year otherwise we should sink into secular life.

Reading aloud, while working drawing, painting &c in the appointed place, is our chief holiday amusement in the Spirit of Community.

“ Whether you eat or drink do all for the Glory of God. “

[Page 3.]

AMDG

Virtue attention

Aug 8th 1866

“ Keep everything in its proper place

Do everything at the proper time “ &c &c

Attention.

Attention

When a room is once furnished allow no one to move anything to another room or to serve another purpose – This is a part of good breeding as well as a necessity of order. In civilized

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Society each room is supposed to be furnished with consistency, and, among persons of education, with taste – not to be undone – Ladies rooms are to be locked up when not rented – otherwise nothing but dissatisfaction can result. – No one is allowed to meddle with this order.

Virtue. Attention Attention

AMDGAug 8th. 1866.

The three House Sisters employed in the Housework, the Laundry and the Kitchen are answerable for the good training of the Orphans in the work of their office – Four months in each Office with girls of 14 years of age ought to form them at least to be able, after a second year, to take a place in a family so as to earn their own living -

Take two children to each office – thus

4 mos. House work properly taught – and following the rules of the Customal.

4,mos: Laundry & Clothing – Rules followed.

4.mos: Kitchen: with proper teaching – first as Kitchen maid, cleaning in the scullery scouring pots – cleaning copper with ~~pumice~~ rotten [sic] stone and oil (not sand-scouring to scratch & ruin it) and then brightening with a leather ~~& whitening &~~ rotten stone [sic]

The Tea Pots and all kitchen utensils ought to be kept beautifully bright first for the good odour as well as order of the Convent and secondly for the proper teaching & training of the orphans – who ought to be taught to relish

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the beauty of order neatness and cleanliness in all their surroundings.

The same is to be said with all the duties of the Dairy where scalding of pans &c cleanliness and neatness are doubly necessary.

The guide to service is all its branches ~~ought~~ must [sic] to be a weekly reading to these girls - & each Convent ought to have these excellent little books – together with “ Domestic economy as taught in the Training Schools. Do not let this be a dead letter! AMDG – ever in view.

When a girl has thoroughly gone through the training in cleanings belonging to the scullery & Dairy then she is ready to be taught cooking – 1st. in all the simplest forms, Baking Boiling & roasting – Breadmaking – making tea & Coffee with boiling water & not with water that has boiled or that is nearly boiling, but actually boiling at the time of pouring it on the tea or Coffee. and in these simple forms of first teaching how to cook she must beware of using dirty cloths or towels in wiping her knives spoons or plates - The Kitchen towels ought to be washed out with a little hot water every day after dinner except such as require boiling once a week in general wash. (Cleanliness Order and regularity – are the marks of a well governed religious house - and without these it is only worthy of annihilation – God is a God of Order – such as He is such is His House – Patience and Perseverance are necessarily linked in the bonds of union & very marks [sic] of God Himself

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The orphans chief support is Milk Potatoes & soup - & they are not allowed to have tea Coffee or Sugar.

[attached by a pin is the following list]

List for the week – to each person $\frac{1}{4}$ lb Tea $\frac{1}{2}$ lb Sugar

5 ladies & 2 maids lb

tea $1\frac{3}{4}$

loaf – sugar $3\frac{1}{2}$

Mr. Reed tea $\frac{1}{4}$

Sugar $\frac{1}{2}$

In all Tea 21lbs

“ Sugar 4lbs

Community & Granny $\frac{1}{2}$ lb tea

sugar, moist 4 lbs -

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When the children are named for the offices do not allow them to be changed till they have finished their four mos: and then write a report on what they done, [sic] what learned, what succeeded best in – copy the sum of this into the report book where it must stand forever for or against them to credit or discredit – the end can only be obtained by using the proper means- and we shall only do a good work by following with these children a course of training just as we follow a course of book education – the living book of practical training is even more important than the printed course of books.

[a page left blank]

List for the week, to each person lb $\frac{1}{4}$ Tea $\frac{1}{2}$ lb sugar –

Sep 1866.

Lady Ranelagh)	7 $\frac{1}{4}$ tea	1 $\frac{3}{4}$ lbs
Mrs, Kirsopp)		
Leontine)	Sugar	3 $\frac{1}{2}$ lbs
Henriette)		
Mrs. Drysdale)		
2 maids)		

Mr. Reed $\frac{1}{4}$ Tea for the sick only 2 $\frac{1}{2}$ lbs in all tea

Community	6 $\frac{1}{4}$ -
& Granny	<u>1$\frac{1}{4}$</u>

Milk takes the place of sugar & tea as far as possible

S.H.C.J. ARCHIVES ROME [Copied from the Original]

[Aug 18 – 28 1871]

On a small card, hand printed

AT THE END OF FATHER LAWSON'S RETREAT, MOTHER
FOUNDRRESS GAVE EACH SISTER A GLOVE ON WHICH SHE
WROTE REMINDERS.

Small paper glove, 4½ inches long and 1 inch wide with a quotation written on each
finger – hand printed

<u>Thumb</u>	-	WITH GREAT PLEASURE
1 st .	-	“ DEO GRATIAS “
2 nd .	-	RATHER DIE THAN SURRENDER
3 rd .	-	“ WHAT IS THAT TO THEE “?
4 th .	-	“ HAVE CONFIDENCE MY CHILD. “

On reverse side of glove in C.C.'s own handwriting

Mth. M. Theophila hold up the little finger. C.C.

On envelope:-

This card belonged to Mother St. Gertrude (Dobson) and was given to me at
her death. The Reverend Mother A. Domitilla. A.G.

Contents :-

Small card 2 inches by 3 inches. Beautifully illuminated quotation – Trust and
see that the Lord is sweet

On reverse side in C.C.'s own handwriting –

For d^f Sabina with every wish for a happy & a Holy N.Year & our little Lord's
sweetest blessings. 1877. C.C.Sup. Gen.

S.H.C.J. ARCHIVES ROME

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[Small picture – size 4 inches by 1½ inches – St. Ignatius]

Original in St. Ignatius' Room. The Gesu

Overleaf – in print, by hand –

This is very old Mother, but was taken from the Original Reverend Mother
Foundress brought this in 1854 from Rome & held it in veneration

S.H.C.J. ARCHIVES ROME [Copied from the Original]

In Mother Foundress' own hand writing.

Notes for every Second year Novice to have

in her Ratio Note Book

How to keep your class attentive

1. Prepare the lesson well.
2. Frequently run your eye over your class.
3. Avoid Monotony
4. Be active.
5. Try to excite the interest of the pupils (be interesting)
6. Be firm, this ought to be the last resort.

Attention

“ The great skill of the Teacher is to get and keep the attention of the Scholars” .

Locke.

“ The test of a Teachers skill will be in securing the attention of the Pupils. “

1. Nature of Attention.

- a. definition – not a separate faculty but the application of many faculties
- b. The faculties it exercises.
- c. Development of attention in children.

2. Its Importance

- a. without it instruction is lost
- b. Progress is made according to the amount of attention bestowed.

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3. Necessary Conditions to produce beneficial results
 - a. It must be real and active
 - b. Willing and eager, not compelled
 - c. Sustained & habitual
 - d. Rightly directed to proper objects.

4. Means to be used in securing it.
 - a. With regard to the subject taught
 1. It must be suited to the class.
 2. Taught by suitable methods observations & illustrations.
 - b. With regard to the teacher
 1. The manner sympathetic
 2. Language simple
 3. The whole mind engaged
 4. Vigilance should never flag.
 - c. With regard to the children
 1. Character of each child considered
 2. Sympathy of members brought into play
 3. Attentive children have opportunities of distinguishing themselves.
 4. For young children frequent change of position & exercise.

Methods of correction.

1. Gentle remonstrances, love of virtue, hatred of vice.
2. Corporal punishment if these fail.

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(3)

3. Necessity of knowing what fault ought to be punished & what pardoned.
 - a. Thoughtlessness, levity – inadvertence – light penances.
 - b. faults of malice, wilful disobedience, obstinacy, to be punished according to the character of the child.
4. Not to follow the fault immediately.
5. Frequent admonitions to avoid punishment.

Manner of Interrogation

1. Questions should be simple in language .
2. Answers not yes or no, but to the point.
3. Long answers not required.
4. Answers not in a set form of words.
5. Do not allow the children to guess but let them use their reason & judgement
6. Ellipses are approved by educational writers.

Rules for Reading

Are fully given in the Ratio.

3 Systems.

- 1st Jacotot reading words at first sight
- 2nd. Phonic substitutes sounds for names.
- 3rd. Phonetic symbol for every elementary sound.

The Look & Say System

must be accompanied by spelling the most difficult words, but no other system can take its place

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Rules for Writing

1. All letters to be equally distant.
2. All letters to be of the same width.
3. All down strokes to be uniform in thickness.
4. Loop letters to be the same height above the line as capitals.
5. Loop lines [another persons writing – over word “ lines “ “ letters] below the lines as g and y to be the same length as those above.
6. letters f and p to be $\frac{1}{2}$ the height
7. Letter d. to be half the height of capitals
8. Proper space between each word
9. $\frac{1}{2}$ an inch to be left between every sentence. –

1873 & 1874.

Drawing Course arranged anew.

I. Course. Elementary. Animals &c

11. Course 1st yr.

- Copies
6. Freehand
 6. Flat Model
 24. Geometry
 12. Trees.
 12. Buildings

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2nd Year

- 6. Freehand
- 6. Model
- 12. Perspective
- 12. Trees
- 12. Buildings

3rd Course

1st Year

- 3, Freehand, large
- 3. Model “
- 6,. Perspective Large
- 6. Trees
- 6. Buildings

2nd Year

Broad Water colours

M^c ? Kewans Trees

Hardings Landscapes on tinted paper (Lights & deep shady effect of)

4th Course

Studio

Water Colours

Sketching from nature

Cartoons from Old Masters with reed pen

Ret....? Sketches

Oils.

S.H.C.J. ARCHIVES ROME.

[Miscellaneous notes from odd leaves of notebook]

[Page 1]

[C.C.'s hand ?]

Ad Edificationem) Subjects

Ad Exhortationem) of

Ad Consolationem) Recreation

If you knew that you would be dumb deaf or blind for life by doing anything contrary to silence, order cleanliness, obedience poverty chastity would you do it? No – Then be as careful in fulfilling filling your promises to God – Would you not rather lose a limb than offend God? then be as if such were to occur when you commit any deliberate or wilful faults.

Res –

[page 2]

1. ~~We say the Office B.V.M. daily 8x ¼9 12½ 5½~~ [crossed out in pencil – by C.C.?- with the following note] “ not allowed by F^r W. “
2. To write no letters After Supper – unless by absolute necessity & then dispense myself. “ Yes F^r W. “ [added in pencil]
3. To keep up Silence to the letter, & give penances for failures.
4. To exceed in kindness to the sick & to the poor.
5. At the Offertory at Mass to offer our Vows – Particular duties of our Office, our Rules Particular Practice,,,, Resolutions and the business of the day. [pencilled in the margin:-] “ missions]

(2)

[page 3]

(spangles)

'Good habits make saints

The Peacemaker shines in Heaven - -

“ Oh if I could do one minutes good in living daily I should be happy “ - “ a cup of water to the poor is given to me when for my sake “ – “ When you see another commit a fault make an act of reparation secretly to wash away the fault – Oh how different is this from a rash judgement –

Alas – What greater alms than to give happiness a kind word a smile pocket money

[Page 4]

1874 I pray – Holy Souls Nov 3

I am occupied

I try to do good & to be good –

I try to be patient,

Nov 3 am I ?

Virtues Order - Faith

Combat, Constancy

Money) "Little Services and great ones

Exchanges) will follow, AMDG,

Read the letters of St Chantal of S^t Francis of Sales

Practice for S^r M Louise

Mortification-

1. Your own interior - seeking acts of humility –
2. Exterior – with the Community (ask how-)
3. With the children –

Never harp upon their ignorance but endeavour to supply their deficiencies by teaching them what they ought to know. Never offer knowledge with self sufficiency it will only make them hate it – and do not make yourself the object of anything

~~[page 6]~~ [Page 6]

you say – but God alone – 1864

Intentions for Good Friday

1. Closing the Roman decision with D^r Grant, & forever.
2. Confirmation of the order and bull from the Pope.
3. All the wants & necessities of our sisters in America & the Noviciate founded.
4. The Restoration of Mayfield & funds to rebuild the whole this year.

[Page 7]

Prayer – “ Don’t get on “

The Consolations lights &c &c that are the part of God is not under our Control – but what is our part is this-

- 1 To prepare our points attentively –

To think of them the last thing before going to sleep & the first thing in the morning –

To put ourselves in the presence of God –

To review the Med –

To keep our will aright

[Page 8]

Great Silence – F^r Maher ‘ “ I knew a Religious who had never once broken great silence the whole of his Religious life “

“ The sentence of death has passed upon you “

“ You are condemned to death “ are you ready ?

Has my soul this day been a listening Soul

[Page 9]

Convents or of affairs concerning other Convents – The only thing to be spoken of are such as edify

11. Put aside all detraction with promptness. There is always great danger of sin in saying anything against charity.
12. Never allow any little boy (such as Joseph Collins) to run ab^t the Convent – and remember also that it is not allowed to take Babies into your arms and caress unless on an extraordinary visit of strangers.

Page 10]

13. Never reprove a Sister in public so as to force her into an exposition of conscience or of private & personal matters.
14. Remember that your own example will go much farther than precept. (The Superior is not allowed to tie herself to any class in the School. She may take music lessons or the Sodality Conferences She can correct or work on the drawings in private -)

15. Watch over external deportment setting an example of the Rules of Modesty – not lolling on the table or putting your arms out of place while walking or speaking like Mrs you know who.

16 turn over

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S.H.C.J. ARCHIVES MAYFIELD

LITTLE OFFICE

of the

CHILDREN OF THE HOLY INNOCENTS

S.H.C.J. ARCHIVES MAYFIELD

[Written in pencil]

Isobel Maunsell.

LITTLE OFFICE
of the
CHILDREN OF THE HOLY.
INNOCENTS.

For the 25th of each month, and for Christmas.

LONDON;
THOMAS RICHARDSON & SON,
23, King Edward St; City; and Derby.

For the Use of the Schools of the Holy Child Jesus.

S.H.C.J. ARCHIVES MAYFIELD

LITTLE OFFICE
of the
CHILDREN OF THE HOLY
INNOCENTS.

For the 25th of each Month, and for Christmas.

AT MATINS.

- ∇. O Lord, open Thou my lips.
R. And my mouth shall declare Thy praise.
∇. O God, incline unto my aid.
R. O Lord, make haste to help me.

HYMN

Sweet Holy Child Jesus!
Thy Birthday we keep,
When the snows of December
Are frozen and deep.

But still every month, (year)
As Thy Feast comes once more,
Sweet Holy Child Jesus!
We kneel to adore.

℣. Blessed be the Holy Child Jesus,

℞. Now and for evermore. Amen.

S.H.C.J. ARCHIVES MAYFIELD

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LITTLE OFFICE OF THE.....

PRAYER.

Jesus, sweetest Child, born in Bethlehem, of Mary ever a Virgin, swathed in rags, laid in the manger, announced by Angels, and visited by shepherds, have mercy on us.

R. Have mercy on us, O Holy Child Jesus, have mercy on us.

V. O Mary, conceived without sin,

R. Pray for us who have recourse to thee.

V. St. Agnes, St. Philomena, and St. Theophila, spouses of the Holy Child and all Holy Children, our Patrons,

R. Protect the Children of the Innocents

AT PRIME.

V. O God, incline unto my aid.

R. O Lord, make haste to help me.

HYMN

Sweet Holy Child Jesus!

Thy life-giving name

Cost Thee circumcision,

In sorrow and shame.

With angels, who mercy

For sinners implore,

Sweet Holy Child Jesus,

We kneel to adore.

S.H.C.J. ARCHIVES MAYFIELD

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.....CHILDREN OF THE HOLY INNOCENTS.

∇. Blessed be the Holy Child Jesus,

℞ Now and for evermore. Amen.

PRAYER

Jesus, sweetest Child, wounded the eighth day in Thy Circumcision, called by the glorious Name of Jesus, and at once by Thy Name and by Thy Blood, foreshown as the Saviour of the world, have mercy on us.

℞ Have mercy on us, O Holy Child Jesus, have mercy on us.

∇ O Mary, conceived without sin,-

℞. Pray for us who have recourse to thee.

∇. St, Agnes, St. Philomena, and St. Theophila, spouses of the Holy Child, and all Holy Children, our Patrons,

℞. Protect the Children of the Innocents.

AT TIERCE.

∇. O God, incline unto my aid.

℞. O Lord, make haste to help me.

HYMN.

Sweet Holy Child Jesus!

The Magi from far,

Were led by the brightness

Of Bethlehem's Star.

S.H.C.J. ARCHIVES MAYFIELD

LITTLE OFFICE OF THE

-6-

With them meekly offering

The incense of prayer,

Sweet Holy Child Jesus,

We kneel to adore.

V. Blessed be the Holy Child Jesus,

R. Now and for evermore. Amen.

PRAYER.

Jesus, sweetest Child, made known to the three Magi by a star, adored in the arms of Thy Mother, presented with the mystic gifts of gold, frankincense and myrrh, have mercy on us.

R. Have mercy on us, O Holy Child Jesus, have mercy on us.

V. O Mary, conceived without sin,

R. Pray for us who have recourse to thee.

V. St. Agnes, St. Philomena, and St. Theophila, spouses of the Holy Child, and all Holy Children, our Patrons,

R. Protect the Children of the Innocents.

AT SEXT

V. O God, incline unto my aid.

R. O Lord, make haste to help me.

S.H.C.J. ARCHIVES MAYFIELD

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.....CHILDREN OF THE HOLY INNOCENTS.

HYMN.

Sweet Holy Child Jesus!

Two turtles for Thee,

Thy Mother presented

A ransom to be.

While Simeon and Anna

Their Saviour implore

Sweet Holy Child Jesus,

We kneel to adore.

∇. Blessed be the Holy Child Jesus,

℞. Now and for evermore. Amen.

PRAYER

Jesus, sweetest Child, who wast presented in the Temple by Thy Virgin Mother, who wast embraced by Simeon, revealed to Anna, have mercy on us.

℞. Have mercy on us, O Holy Child Jesus, have mercy on us.

∇. O Mary, conceived without sin,

℞ Pray for us who have recourse to Thee

∇. St Agnes, St. Philomena, and St. Theophila, spouses of the Holy Child, and all Holy Children, our Patrons,

℞. Protect the Children of the Innocents.

S.H.C.J. ARCHIVES MAYFIELD

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LITTLE OFFICE THE.....

A T N O N E .

∨ O God, incline unto my aid.

℞ O Lord, make haste to help me.

HYMN

Sweet Holy Child Jesus,

How bright is our band!

How near to Thine Altar

The Innocents stand.

Blest little ones, shedding

For Jesus your gore;

The Holy Child Jesus

With you we adore.

∨ Blessed be the Holy Child Jesus.

℞ Now and for evermore. Amen.

PRAYER.

Jesus, sweetest Child, whom wicked Herod sought to slay, whom Joseph carried with Mary into Egypt, who wast glorified by the blood of Innocents, have mercy on us.

℞ Have mercy on us, O Holy Child Jesus, have mercy on us.

∨ O Mary, conceived without sin,

℞ Pray for us who have recourse to thee.

∇ St. Agnes, St. Philomena, and St.

S.H.C.J. ARCHIVES MAYFIELD

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.....CHILDREN OF THE HOLY INNOCENTS.

Theophila, spouses of the Holy Child, and all Holy Children, our Patrons,

R Protect the Children of the Innocents.

AT VESPERS.

R O God, incline unto my aid.

∇ O Lord, make haste to help me.

HYMN.

Sweet Holy Child Jesus,

Thy Convent is fair,

Bright Angels with Mary

And Joseph, are there.

In wisdom, like Thee,

To increase more and more,

Sweet Holy Child Jesus,

Thy children implore.

∇ Blessed be the Holy Child Jesus.

~~R.~~ Now and for evermore. Amen.

PRAYER

Jesus, sweetest Child, who in the holy House of Nazareth, subject to Thy Parents, didst dwell most holily, wast wearied by poverty and labour, and didst advance in wisdom, age, and grace; have mercy on us

R. Have mercy on us, O Holy Child Jesus, have mercy on us.

S.H.C.J. ARCHIVES MAYFIELD

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LITTLE OFFICE OF THE.....

∇. O Mary, conceived without sin,

℞. Pray for us who have recourse to thee.

∇. St. Agnes, St. Philomena, and St. Theophila, spouses of the Holy Child, and all Holy Children, our Patrons,

℞. Protect the Children of the Innocents.

AT COMPLINE.

THE HYMN AND COMMENDATION.

Sweet Holy Child Jesus,

The tribute of praise,

Each month in Thine honour

Thy children will raise,

With Innocents reigning

In bliss evermore,

Sweet Holy Child Jesus,

O may we adore.

∇. Blessed be the Holy Child Jesus.

℞. Now and for evermore. Amen.

PRAYER.

Almighty and everlasting God, Lord of heaven and earth, who dost reveal Thyself to little ones, grant, we beseech Thee, that we, duly honouring the mysteries of Thy Son, the Holy Child Jesus, and daily imitating Him in our lives, may come to the kingdom of heaven promised

S.H.C.J. ARCHIVES MAYFIELD

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.....CHILDREN OF THE HOLY INNOCENTS.

by Thee to little children, through the same Jesus Christ our Lord. Amen.

℣. Blessed be the Holy Child Jesus,

℞. Now and for evermore. Amen

A C T O F O F F E R I N G .

O Holy Innocents, I..... take you this day for my especial Patrons. Blessed Martyr Children, who were so happy as to die for the Holy Child Jesus, offer my heart to my Infant Saviour, and beg Him to make it pure and innocent, in preparation for my first Communion. Amen.

FOR THE RECEPTION OF THE CHILDREN OF THE INNOCENTS.

HYMN.

Hail ! Lady of the Angels, hail !

We crown thee Queen of earth today;

Accept the wreath of living flowers,

Which at our Mother's feet we lay.

Sweet Queen of Angels, unto thee,

Our hearts we give eternally.

See, Little stars of Bethlehem,

A wreath of blossoms, fair and wild,

S.H.C.J. ARCHIVES MAYFIELD

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LITTLE OFFICE OF THE HOLY INNOCENTS.

Which Children of the Innocents
Have gathered for the Holy Child.
Sweet Babe of Bethlehem, unto Thee,
We give our hearts eternally.

The Children of the Innocents read their Act of Consecration at the altar.

HYMN.

Heart of the Holy Child,
Hide me in Thee;
Purest and undefiled,
Purify me.
Joy of my infant life,
Far from evil passions rife,
Troubling this world of strife,
Keep me with Thee.

Sweet Babe of Bethlehem,
Open Thine Heart;
Lessons from Nazareth,
Deign to impart.
Mary and Joseph, dear,
Let us be to Jesus near;

With you we shall not fear,

From Him to part.

RICHARDSON AND SON, PRINTERS, DERBY.

S.H.C.J. ARCHIVES MAYFIELD

Selected by our Mother

“ I will speak to you dear Sister in the words of St. Bernard to his own dear sister “
let your love be chaste; love God alone, and for the love of Him banish from your
heart every affection which would lead you to rest in his creatures. Purify as much as
possible your soul from all its defects; may discretion be the ornament of your words;
may your walk be modest; may your humility be read in your eyes; may sweetness
repose on your lips; may a holy fervour animate all your actions and; may charity be
the life of your soul. I know that without the help of God, nothing of all this is
possible, but I also know that He will never refuse this help to your prayers, to which
I promise to unite those of a brother, who in the advice which he gives, has no other
desire than to help you to acquire in this life great merit, and in the other an eternal
glory. “

When Our Lord wishes to strengthen his true servants in humility “ He often gives
them occasion to remark and admire without ceasing, in others, the virtues which
they do not possess.

St. Bernard S.H.C.J.

S.H.C.J. ARCHIVES MAYFIELD [photocopy

In saying the Divine office of Holy Week the Religious are to lead and the children are simply to follow as from or as a Congregation. The Office should always be rehearsed in private and the Reader of the Antiphons to..... and practiced in them.

The Community must either be in the Choir behind the Altar or form a Square before the Sanctuary thus

Altar

Sanctuary

I leave this unfinished. Better to have the Original Copy to type from...